

The Re-Creation Cycle Worksheet - Take P.A.R.T in the Change Cycle

TRUTH | NORTH | WINTER | MIDNIGHT | GUIDE

POSSIBILITY | EAST | SPRING | DAWN | HERO

T
True North

R

What new **Truth** have you learned?

What is the **Reflection / Result / aRt**?

4

1

3

2

What's **Possible** / the **Problem**?

What **Actions** have you taken?

P

A

REFLECTION | WEST | AUTUMN | SUNSET | ARTIST

ACTION | SOUTH | SUMMER | MIDDAY | VILLIAN

Learn more at <http://DavidBourne.com/re-creation>

